

Share Your Story!



We want to know all about your volunteer project. Fill out this form and send it to ZOOM. If you have photos or videos, send those, too. And don't forget to have an adult sign the form before you drop it in the mail.

Adult Permission

(Ask a parent or legal guardian to read and sign below.)
I have reviewed my child's submission and we both understand that all submissions become the property of ZOOM and will be eligible for inclusion in all ZOOMmedia. This means that ZOOM can share our ideas with other ZOOMers on TV, the Web, in print materials, and in other media and ZOOMways.

I give permission for ZOOM to contact me and my child in the event that ZOOM needs further information.

Name (please print) _____
Signature _____
Relationship _____
Date _____ Phone _____

Tell Us About Yourself

First Name _____
Last name _____
Street _____
City _____
State _____ Zip _____
Age _____
Phone _____
On what station do you watch ZOOM? _____

★ I'm Volunteering for

★ How I'm helping

- people who are sick
- people with disabilities
- the environment
- the homeless
- in my neighborhood
- at home or at school
- other: _____
- animals
- seniors
- other kids
- to end hunger
- my country
- the world

★ Who volunteers with me

- I work alone
- my friends
- a group (Tell us who they are.) _____
- my family

★ How often I volunteer

- once a week
- a few times a week
- other: _____
- once a month
- once a year

★ How did you get the **idea**?

★ What **steps** did you take?

1. _____
2. _____
3. _____
4. _____

★ What was the first **result**? (Give us some numbers like, you washed 7 cars, you raised \$50, you made 1 person smile.)

★ What's the **coolest thing** that happened while you were volunteering?

Answer these questions here or on another sheet of paper.

