

How to Make Your ZOOMerang

You can print out your ZOOMerang and make it into a little booklet.

Here's how:

- Print all the ZOOMerang pages.
- Cut out each page along the dotted lines.
- Tape pages 1–6 together from end to end so that you have a long row.
- Tape pages A–F together to make a second long row.
- Lay one row face down on a table and put some glue on the back of the pages.
- Place the second row on top of the first row. The printed part of the second row should face you.
- Smooth out the glue with your hand.
- Let it dry and then fold your ZOOMerang where the pages join together.



What You
Need

- scissors
- tape
- glue

Voilà!

Pet Party

Amanda H. of Little Falls, Minnesota, had a pet party for her birthday. Instead of bringing presents, her guests brought pet supplies for a local animal shelter.



Here's how you can have your own pet party: Look in the Yellow Pages under "Animal Shelter" and ask an adult to help you call the Volunteer Coordinator.

Ask the coordinator:

- What kinds of animals do you take care of?
- What types of pet supplies do you need?

Get ready to party!

Visit the ZOOM Web site at pbskids.org/zoom to find animal games (like Poor Kitty) and animal food (like Zebra Cake). Print ZOOM invitations. Remember to explain what a "pet party" is and suggest pet supplies to bring.



Log on and tell us about your party at pbskids.org/zoom/action

Chocolate Covered Pretzels

What You Need

- one 16-ounce bag of semi-sweet chocolate morsels
- microwave-safe bowl
- spoon
- large pretzels
- fork
- wax paper
- white chocolate chips (optional)

Ask an adult if you can use a microwave. Melt the chocolate chips in the microwave-safe bowl. Stop every 15 seconds to stir the chocolate. Then put a pretzel on the end of a fork. Dip the pretzel into the melted chocolate. Put the pretzel on wax paper to cool. Keep dipping until all the pretzels are covered in chocolate. You can also drizzle your finished pretzels with melted white chocolate chips to make zebra stripes!



Have a bake sale to raise money for an animal shelter. You can make other animal treats, like Edible Spiders or Chocolate Farm Mice. Go to pbskids.org/zoom/cafe for recipe ideas.

More Ways to Help



Help People Who Are Hungry or Homeless

Collect canned food, deliver hot meals, or help build a home.



Help People Who Are Sick

Make a greeting card, read a story, or deliver a bowl of chicken soup.



Help the Environment

Plant a tree, clean up a park, or raise money to protect the rain forest.



Help Kids

Donate toys, play games at a daycare center, or collect books for a shelter.



Help People with Disabilities

Train a guide dog, record books on tape, or help a disabled person shop.



There are many ways to volunteer. Look around you. Is there a person or organization that needs your help? Is there something that you want to change? Pick a volunteer project that means a lot to you. Check with an adult before you start.

Zoom Into Action™

Visit the ZOOM Web site to:

- get ideas for how to volunteer
- see what other kids are doing
- add your volunteering hours
- tell us how you volunteer



Share Your Story!

Tell us about your volunteer project. Visit the ZOOM Web site (pbskids.org/zoom/action) to print the Share Your Story form. Fill it in and mail it along with videos and pictures to ZOOM.





This ZOOMerang belongs to:





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PBS



Look inside
to learn how you
can volunteer!

**Zoom Into
Action™**



KIDS

Join the ZOOMteam!

I help build houses.

Are you ready to volunteer?
Here are some great ideas to help you get started.

We cleaned up a park.



We baked cookies for homeless shelters.



Adopt-a-Grandfriend

Marina M. of Plymouth, Massachusetts, dressed up like a reindeer and delivered holiday greeting cards to the residents of a nearby nursing home. Marina goes to the nursing home often to visit her great-grandmother. She brings her drawings and spends time with her.

Even if you don't have an elderly relative nearby, you can adopt a "grandfriend." A grandfriend is a senior citizen you visit once every week or month.

1

Find an elderly person to visit. You may know someone in your neighborhood, or you can ask an adult to help you contact a nursing home or senior center.

Always bring an adult with you when you visit your grandfriend.



2

Plan your first visit. Think about things you want to ask your grandfriend and things you want to tell them about yourself.

Here are some questions you can ask your grandfriend:

- Do you have any grandchildren?
- What do you remember about being my age?
- What is your favorite holiday?

You could talk about:

- what your teacher is like
- what you do after school
- your family

3

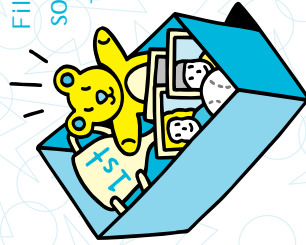
Visit your grandfriend on a regular basis—perhaps once a week. Go to the ZOOM Web site for ideas of food or crafts to bring, or come up with your own ideas. Your grandfriend may teach you a new card game or tell you stories about the past. Thank your grandfriend for spending time with you.



Log on to pbskids.org/zoom to find things to make for your grandfriend, like a Pop-Up Card, Sponge Stationery, and Dessert Pizza!

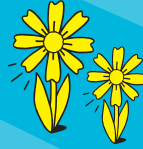
Make a Memory Box!

Fill a shoebox with some of your favorite things and share them with your grandfriend. Ask what your grandfriend would put in a memory box if he or she were to make one.



Sent in by Skyla N. of Cheyenne, WY

Button Flowers

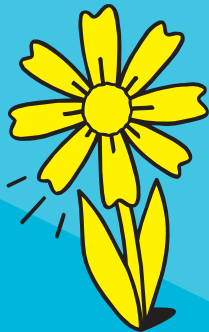


What You Need

- pipe cleaner or wire (found at a craft store)
- buttons in different sizes and colors

Bend the pipe cleaner about 2 inches from the top so you have a short end and a long end. Slide a button on the long end of the pipe cleaner until it rests on the bend. Thread the short end of the pipe cleaner through another hole on the button.





Now do the same thing with a bigger button so it rests under the smaller button. Twist the short end of the pipe cleaner around the long end to secure the buttons. Make a bunch of flowers and twist them together to make a bouquet!



What do you get when you cross Lassie with a daisy?

A Collie flower!



Sent in by Luke of OH



Make a button flower bouquet to give your grandfriend, a sick neighbor, or anyone you know who needs cheering up. Then visit the ZOOM Into Action Web site at pbskids.org/zoom/action and tell us how you used your flowers.

Think About It



Take some time to think about your volunteer project. Then talk with an adult or a friend.

- Who did you help?
- How did you feel?
- What did you learn?
- What new questions or ideas do you have?
- What would you do differently next time?

Volunteering gives you a chance to meet new people, learn new skills, and have fun! And each time you volunteer, you become better at it. What would you like to do for your next volunteer project?

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