

Elmo's Funny Face Pizza Pie



Prep time: 5 Minutes plus 8 Minutes Cooking Time
Makes 1 Serving – Serving Size: 2 Bagel Halves



Ingredients

- 1 - 4oz whole wheat bagel, cut in half
- Tomato sauce
- 1/3 cup shredded low-fat mozzarella cheese
- 1/3 cup shredded low-fat cheddar cheese
- Sliced black olives and an orange pepper to decorate Elmo's face

Supplies

- Cookie Sheet
- Butter knife

Directions

1. Preheat oven to low heat (250 degrees).
2. Spread tomato sauce onto each half of the bagel and place on cookie sheet.
3. Encourage children to help sprinkle the mozzarella cheese onto the bagel to make two eyes and the cheddar cheese to make a mouth.
4. Place two sliced olives in the mozzarella cheese to complete the eyes. Place a nose onto each bagel using pieces cut from an orange pepper.
5. Bake for 5 to 8 minutes. Remove from oven when the cheese is bubbly.

*Remember to keep children away from hot ovens and sharp cooking utensils. Parents handle the hot stuff, but preschoolers will be able to help spread the cheese and decorate Elmo's face!

Nutritional Facts

Servings per Recipe: 1

Amount Per Serving

Calories:	220cal
Protein:	14g
Fat:	3g
Saturated Fat:	2g
Carbohydrate:	341g
Fiber:	3g
Cholesterol:	16mg
Sodium:	450mg
Calcium:	200mg
Iron:	4mg
Folate:	100mcg

Note: Nutritional analysis may vary depending on ingredient brands used. Values were rounded to nearest whole number, except for iron.

Nutritional analysis and facts have been provided by:



For more information about fun family recipes and keeping kids healthy and well, visit www.kidshealth.org

Elmo's Funny Faced Pizza Pies

